CSR Endorses Randy Cheek for CalPERS Special Retired Member Runoff

On Oct. 18, the CSR Board of Directors had the opportunity to meet with the two remaining candidates for the CalPERS 2022 Special Retired Member Runoff Election. After in-depth candidate interviews, the Board of Directors met to determine which of the two candidates would best serve the interests of CSR members in protecting our pension and benefits. We are thrilled to endorse Randy Cheek in CalPERS 2022 Special Retired Member Runoff Election. Randy protects pensions and fights to make CalPERS more transparent as the Retired Public Employees Association’s Legislative Director. Representing both school and state workers, Randy fought to protect public employees’ salaries, rights and benefits. Randy is committed to maintaining and improving access to quality and affordable healthcare and standing as your strong, experienced, and committed advocate at CalPERS meetings. Please help spread the word of CSR’s endorsement of Randy Cheek. Runoff ballot packages will be mailed directly to eligible voters on November 4, 2022. Voted ballots must be received by CalPERS on or before December 5, 2022. Please ensure your current mailing address is on file with CalPERS by checking your myCalPERS account or contacting CalPERS at 888-225-7377. To learn more about Randy Cheek, please visit his website: www.randycheekforcalpers2022.com/

District Director Election
2023 Board Election Schedule – Districts A, B & C

2022
October & November: A blank candidate consent form will be printed in the CSR November newspaper.
November 15: Deadline for candidates to submit their Candidate Consent forms and their 200-word candidate statement.
December 1: Deadline for corporate office to mail ballots.

2023
January 3: Deadline for return of ballots.
January 10: Deadline for candidates to be notified of the election results.
January 20: Election protest deadline.
February: Election results will be printed in the CSR newspaper.

District A-elect, District B-elect and District C-elect shall be installed at the first regularly scheduled Board meeting following the election.

CANDIDATE CONSENT STATEMENT
PLEASE PRINT FULL NAME AS IT IS TO APPEAR ON THE BALLOT
I______________ ____________________________, self-nominate and/or consent to be a Candidate for the office(s) of ____________________________ /Delegate ____________________________
Name Chapter No: Last 4 SS# or Member ID #
Address City Zip Code
Telephone No. E-mail

Candidates may submit a brief, factual, biographical statement of no more than 200 words regarding their qualifications. Such biographical statements must be received in the Corporate Office by November 15, 2022, to be distributed with the ballot. Specifics on candidate statements will be provided to candidates upon nomination acceptance. The contents of these statements must be in accordance with approved guidelines.

By signing below, I certify I am a member in good standing and that I understand I cannot engage in an incompatible act (as defined in CSEA Bylaws Article XIV, Section 1) such as simultaneously holding a CSR office and an office within a competing organization.

Signature: Date:
Join us!
43,000 Strong and Growing!

California State Retirees Membership Application

Contact us!
CALIFORNIA STATE RETIREES
Headquarters
3000 Advantage Way
Suite 100
Sacramento, CA 95834
TEL: 916.326.4292
FAX: 916.326.4201
TOLL-FREE: 888.808.7197
EMAIL: csrinfo@CalRetirees.org
WEB: www.CalRetirees.org
501(c)(5)

California State Retirees CPAC Application

Please choose which PAC you would like to contribute. You may contribute to both.

CSR Candidates PAC
- Payroll Deduction Authorization
  - $0 - $9
  - Other
  - to be withheld from my monthly (Maximum of $15.50/mo)
pension for California State Retirees’ Candidates PAC

- Contribute to the CSR Candidates PAC
  - $10 - $50
  - $50 - $100
  - $100 or more

CSR Issues PAC
- Payroll Deduction Authorization
  - $0 - $9
  - Other
  - to be withheld from my monthly (ND maximum/mo)
pension for California State Retirees’ Issues PAC

- Contribute to the CSR Issues PAC
  - $10 - $50
  - $50 - $100
  - $100 or more

CALIFORNIA STATE RETIREES: 3000 ADVANTAGE WAY SUITE 100 SACRAMENTO, CA 95834
JOIN ONLINE: WWW.CALRETIREES.ORG/JOINUS

Dues Table for Retired Members

<table>
<thead>
<tr>
<th>Monthly PERS Allowance</th>
<th>Monthly Due</th>
</tr>
</thead>
<tbody>
<tr>
<td>$0 - $599</td>
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<tr>
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<td>$2.25</td>
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<tr>
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</tr>
<tr>
<td>$3,000+</td>
<td>$13.00</td>
</tr>
</tbody>
</table>

Office Use Only

To join, please fill out the application completely and mail it back in an envelope to:

CALIFORNIA STATE RETIREES: 3000 ADVANTAGE WAY SUITE 100 SACRAMENTO, CA 95834
JOIN ONLINE: WWW.CALRETIREES.ORG/JOINUS
MEMBERS ON THE MOVE

Please send in your high resolution photos to CSRInfo@CalRetirees.org for a chance to be featured in an upcoming Retiree. Please include any details on the photo including names, dates and event specifics.

CSR members pose with Congresswoman Doris Matsui at a reelection fundraiser for CA Lieutenant Governor Eleni Kounalakis at Ella Dining Room and Bar in Sacramento. Pictured L-R: District E Director Keith Umemoto and Chapter 15 member Pam Robinson alongside Chapter 2 members Sophia Perkins, Merilee Colton, Phyllis Johnson, and Leonzo Herbert.

Chapter 23 members attend a fundraising event for Assembly member Alex Lee of District 24. Pictured L-R: Maria Aguilar, Terrele Schumake, and Vera Acevedo.

Secretary of State Shirley Weber holds a copy of the October Retiree showing our support of her candidacy for reelection. Gloria Koch and Elaine Edwards from Chapter 17 represented CSR, along with Elena Yuasa from Chapter 34. The event took place at a private residence in San Diego.

Members of Chapter 1 meet with Senator Bob Wieckowski at the State of the 10th Senate District Address and Awards Ceremony in Fremont. Pictured L-R: Treasurer Peter Greeff, Delegates Rose Greeff, and Stella Torrez.

CSR members of Chapters 4 and 20 gather with Assembly member Chris Holden of District 4 at the Gaucho Grill in Pasadena. Pictured L-R: Garciea Hernandez, David Okumura, Don Henderson, Chris Holden, Cynthia Frison, Erick Lace, Marta Zaragoza, Lara Laramendi, Darnella Henderson, Virginia Griffin, and Jill Lace.

CSR Executive Vice President Elnora Fretwell and District G Director Patsy Jimenez join Chapter 6 President Dee Stoddard and Chapter 6 members Karen Hight and John Chiu at the chapter’s October meeting in Chino Hills. Joining them is Assembly candidate Fauzia Rizvi, who was a guest speaker for the event.
A healthy life starts with YOU

Make smart choices for your health.

Eating well and staying active helps prevent certain health problems and can even improve brain function. Getting enough sleep is also important to keep you alert and strong.

See all of the ways Blue Shield Medicare (PPO) can help you stay on the right track:

- $0 deductible
- SilverSneakers program allows access to fitness locations nationwide
- Nationwide coverage
- 24/7 access to phone or video consultations with physicians
- See any doctor that accepts Medicare
- Worldwide coverage for emergency services and urgent care

To learn more about Blue Shield Medicare (PPO), visit www.blueshieldca.com/calpersmedicare or call (888) 802-4599 (TTY: 711), 7 a.m. to 8 p.m., seven days a week.

Blue Shield of California is a PPO plan with a Medicare contract. Enrollment in Blue Shield of California depends on contract renewal. Blue Shield of California offers individual and employer group retiree plans to Medicare beneficiaries who have Part A and Part B. Individual plans are open to all Medicare beneficiaries who reside within a plan’s specific service area. Employer group retiree plans are open only to Medicare beneficiaries who are eligible group retirees and who reside within a plan’s specific service area. Individual and employer group retiree plans have different service areas, benefits and provider networks. Out-of-network/non-contracted providers are under no obligation to treat Plan members, except in emergency situations. Please call our Customer Care number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services. The company complies with applicable state laws and federal civil rights laws and does not discriminate, exclude people, or treat them differently on the basis of race, color, national origin, ethnic group identification, medical condition, genetic information, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, mental disability, or physical disability. La compañía cumple con las leyes de derechos civiles federales y estatales aplicables, y no discrimina, ni excluye ni trata de manera diferente a las personas por su raza, color, país de origen, identificación con determinado grupo étnico, condición médica, información genética, ascendencia, religión, sexo, estado civil, género, identidad de género, orientación sexual, edad, ni discapacidad física ni mental. 本公司遵守適用的州法律和聯邦民權法律，並且不會以種族、膚色、國籍、族群、認同、醫療狀況、遺傳資料、血統、宗教、性別、婚姻狀況、性別認同、性取向、年齡、精神殘疾或身體殘疾而進行歧視、排斥或區別對待他人。 Blue Shield of California is an independent member of the Blue Shield Association.
Spice It Up!

Can you unscramble the names of all these spices and seasonings?

1. EGGNIR
2. NONACNIM
3. HEMTY
4. VECSOL
5. SPRYALE
6. MUGENT
7. RSYMOREA
8. SLAIB
9. ROONAGE
10. MUINC
11. MARDMOCA
12. PLEACLIS
13. MICERRUT
14. RIPPAAK
15. RYCRU
16. JAMRORAM
17. NYACEEN
18. GRANTOAR
19. AFLYABE *
20. DROPWHICLIE

*Answers are spelled with two words.

Monterey Chicken

Ingredients
- 4 (5 ounce) skinless, boneless chicken breast halves
- 1 cup teriyaki marinade sauce
- ½ pound bacon
- 2 tablespoons butter
- 1 small onion, cut into long slices
- 1 small green bell pepper, cut into thin strips
- 1 (8 ounce) package fresh mushrooms, coarsely chopped
- 4 slices mozzarella cheese

Directions
To Marinate: Place chicken in a nonporous glass dish or bowl. Pour marinade over chicken and toss to coat. Cover and refrigerate to marinate for 1 to 2 hours.

Preheat oven to 350 degrees F (175 degrees C).

Remove chicken from the marinade and place in a 9x13-inch baking dish. Reserve 1/3 cup marinade and discard the rest.

Bake chicken in the preheated oven for 20 to 30 minutes, or until cooked through and juices run clear.

Meanwhile, place bacon in a large, deep skillet. Cook over medium high heat until evenly brown. Drain and set aside.

In same skillet, melt butter over medium high heat. Saute onion, bell pepper and mushrooms for about 3 to 5 minutes. Add reserved 1/3 cup of marinade and simmer until soft. Drain and set onion mixture aside.

Top baked chicken with bacon strips. Add onion mixture and top each breast with a slice of cheese. Bake for another 10 to 15 minutes, or until cheese is melted and bubbly.
Is your current Medicare health plan still right for you?

New for 2023! Kaiser Permanente has more Medicare health plan options for CalPERS retirees to choose from, with the addition of Summit.

• Care from the comfort of home when you schedule a phone appointment with a Kaiser Permanente doctor.¹

• Your choice of great Kaiser Permanente doctors and a wide range of specialists. And all of our available doctors welcome Kaiser Permanente Medicare health plan members.

• Open enrollment is September 19 through October 14, 2022

2023 benefit highlights

- Rides to and from your doctor visits at no cost²
- Meals delivered to your home after a hospital stay at no cost³
- Quarterly Over-the-Counter (OTC) Health and Wellness Benefit

To learn more call us toll-free: 1-855-717-9598 (TTY 711), 7 days a week, 8 a.m. to 8 p.m.

¹. When appropriate and available. ². If you have a medical emergency, call 911. ³. Meal service is for 4 weeks and is available only once per benefit year immediately following an inpatient stay at a hospital or nursing facility. Kaiser Permanente is an HMO plan with a Medicare contract. Enrollment in Kaiser Permanente depends on contract renewal. You must reside in the Kaiser Permanente Medicare health plan service area in which you enroll.
2021-22 Legislative Session Comes to a Close
State Revenue Collections Slows

The 2021-22 session of the California Legislature technically came to a close on September 30 – the constitutionally mandated last day for the Governor to act on bills for the year. In total, CSR supported 9 bills, opposed 3, and monitored 48 others in 2021-22. Of those 9 CSR-supported bills, 6 of them successfully passed both houses of the legislature and were signed into law. I’m happy to report that all of the bills that CSR opposed this session died, and your retiree pension and health benefits remain safe and secure.

This year, 1,442 bills were sent to Governor Newsom for final action. He signed 1,273 and vetoed 169. At the end of September, Governor Newsom vetoed a number of spending bills claiming that state tax revenue collection was slowing down and it was not a good time to create new state spending obligations.

In fact, according to the Department of Finance, General Fund receipts for September were $2.8 billion below budget projections. For the first three months of the fiscal year, revenue is $4.8 billion, or 11.1%, below the forecasted $43 billion. Combined with a $2.1 billion shortfall in 2021-22 revenue, the state now has a nearly $7 billion deficit in fiscal year 2022-23 driven largely by reduced personal income tax collections. As state retirees know well, when it comes to California’s revenue, what goes up, must come down. Please see the below update on all bills supported by CSR in 2022 and how they fared:

**AB 1130 (Wood)**
Would establish the Office of Health Care Affordability to analyze the health care market for cost trends and drivers of spending, develop policies for lowering consumer health care costs, and create a state strategy for controlling health care costs and ensuring affordability.

**IMPORTANT NOTE:** Asm. Wood’s bill did not pass, but the Office of Health Care Affordability was created as part of the recently concluded state budget negotiations. The new Office will be housed in the California Department of Health Care Access and Information, and is tasked with creating a state strategy for controlling the cost of health care and improving affordability for consumers.

**AB 1855 (Nazarian)**
Would prohibit a skilled nursing facility or residential care facility from denying entry to a representative from the Office of the State Long-Term Care Ombudsman who is acting in their official capacity on behalf of a resident.

**STATUS:** Signed by the Governor and Chaptered by the Secretary of State.

**AB 2080 (Wood)**
Would establish the Health Care Consolidation and Contracting Fairness Act of 2022, which prohibits health contracts from including specified anti-competitive terms within contract provisions, providing a more level playing field in negotiations between health facilities, providers, and plans, and will help to lower health care costs for consumers.

**STATUS:** Dead. Failed deadline in Senate Health Committee.

**ACR 115 (Nguyen)**
Would recognize the month of May 2022 as Older Americans Month and encourages all Californians to recognize and treat all older adults with compassion and respect, and to participate in activities that contribute to the health, welfare, and happiness of older adults.

**STATUS:** Passed, Chaptered by the Secretary of State.

**SCR 112 (Dodd)**
Would acknowledge the month of June 2022 as Elder and Dependent Adult Abuse Awareness Month in California and would reiterate the importance of annually recognizing Elder and Dependent Adult Abuse Awareness Month in the state.

**STATUS:** Passed, Chaptered by the Secretary of State.

**SJR 11 (Skinner)**
Would affirm the Legislature’s support for expanding Social Security and also requests that California Representatives in Congress support expanding Social Security by voting in favor of the Social Security 2100 Act: A Sacred Trust.

**STATUS:** Passed, Chaptered by the Secretary of State.

Signed bills will take effect on January 1, 2023. The Legislature will return the first week in December, when legislators will be sworn in for the new session. They will also entertain a special session on the Governor’s proposed windfall profit tax on oil companies. The regular 2023-24 session will get underway the first week of January, 2023.
Dear Savvy Senior,
I’ve read that retirees will be getting a nice cost-of-living increase in our Social Security benefits next year but what about Medicare? What will our Medicare Part B monthly premiums and other Medicare costs be in 2023?

Planning Ahead

Dear Planning,
From an entitlement program standpoint, 2023 is going to be a very good year for retirees! Not only will you receive a nice 8.7 percent cost-of-living increase in your Social Security retirement benefits – the largest since 1981 – the Centers for Medicare and Medicaid Services also recently announced that your Medicare Part B standard monthly premium will be lowered 3 percent ($5.20) from the current rate of $170.10 per month, to $164.90/month in 2023. The reason for the reduction is a correction to last year’s hefty Part B premium increase, which was larger than it needed to be. The 2022 premium hike of about 14.5 percent was announced amid uncertainty about the potential impact of a new Alzheimer’s drug called Aduhelm, which threatened to explode Medicare costs. That didn’t happen. The cost of the drug was cut roughly in half from an original $56,000 a year and Medicare sharply limited coverage. This created a large financial reserve for Part B, allowing the program to reduce next year’s premium.

You’ll also be happy to know that in addition to the premium reduction, the annual deductible for Medicare Part B will also be lowered $7 from $233 in 2022, to $226 in 2023. And if you have a Medicare Part D prescription drug plan, the average premium in 2023 will be about $31.50, which is a 1.8 percent decrease from $32.08 in 2022.

But the news isn’t all rosy. The deductible for Medicare Part A (hospital coverage) per benefit period (which generally starts when you are admitted to the hospital) will be $1,600 in 2023, up $44 from this year’s $1,556. That applies to the first 60 days of inpatient care. For the 61st through 90th day, the coinsurance will be $400 per day, up from $389 this year. And for days 91 to 150, the charge will be $800 per day (up from $778 in 2022).

And the skilled nursing facility coinsurance for days 21-100 will also increase to $200 per day, up from $194.50 in 2022.

Honor Flight Network – Honoring our Veterans

The mission of Honor Flight is to celebrate America’s veterans by inviting them to share in a day of honor at our nation’s memorials. A nation where all of America’s veterans experience the honor, gratitude, and community of support they deserve.

The Honor Flight Network is a national network comprised of independent Hubs working together in furtherance of the Honor Flight mission. The Honor Flight Network is currently serving veterans from the WWII, Korean War and Vietnam War eras. They also serve terminally ill veterans serving during any era. All honored veterans travel at no cost to the veteran.

The Honor Flight Network was formed in 2005 with a mission of honoring our nation’s veterans by bringing them to Washington, DC to visit the memorials and monuments dedicated to their service and sacrifice. While originally focused on honoring our nation’s World War II veterans, the Honor Flight Network now also honors those who served in the Korean War, Vietnam War, intermediary operations, and in special cases of terminal illness or injury, veterans from more recent service eras. Since its formation in 2005, the Honor Flight Network has taken more than 245,000 veterans to Washington D.C.

Today, the Honor Flight Network is currently comprised of over 128 hubs throughout the country dedicated to carrying out the Honor Flight mission and the Network, as a whole, serves over 22,000 veterans each year.

Honor Flight Network – our way of saying to all our veterans – one more TOUR with HONOR!

Contact Information: Honor Flight Central Coast California, June Silva Kester, servingallheros@gmail.com, (805)434-7616

For more information, please visit: www.honorflight.org
Welcome Aboard, New Members!

Now that you have become a member of the largest and most experienced state retiree organization in California, we want to properly welcome you aboard. California State Retirees (CSR) has 26 different chapters statewide, and there is one just right for you. Members who don’t specify which chapter they want to be in are automatically placed in the chapter within their zip code. Just let us know if the chapter you have been assigned is where you want to stay.

Chapter 1
Andrew Brozman
Ana Diaz
Lori Brooks
Jonathan Nichols
Marva Williams
Loretta Ashwell
Sonja Ben-Dor
Arlene Bautista
Atma Sharma
Susan Mcmahon
Kristine Jaworski
Ruben Ramirez

Chapter 2
Sheila Self
Joseph Sherrard
Kerry Willis
Scott O’hara
Stephanie Papis
Angela Blanchette
Jack Sturges
Cynthia Pappa
Vincent Nagrampa
Robert Myers
Brian Taylor
Michael Wieneke
Eric Clegg
Julie Hyde
Brenda Pearl
Laticia Dyer
Tammy Dougas
Stephanie Sadler
Wilfred Cruz
Pamela Patterson
David Schaap
Karla Ford
Nelson Hernandez
Mercedes Ramirez
Diane Oliver
Mary Podojil
Jacqueline Bell
Lisa Ben-Reuven
Angela Psalms
Francina Stevenson
Carol Robinson
Dakila Cabrera
Erich Heinbach
Jacqueline Wright
Gemma Smith
Mitchell Jack
Gregory Ranin
Elizabeth Simpson
Andrew Berger
Binh Nguyen
Ivy Acquaah
Beatriz Omas

Chapter 3
Mirel Tikkanen
Sandar Micheltot
Jean Nosaka

Chapter 4
Annette Lewis
Rosio Ramirez
Lori Hamilton
Blas Fernandez

Chapter 5
Maria Ordonez
Melanie Marcelo
Justina Anyim

Chapter 6
Blossom King
Laura Moreno
Melody Murchison
Tammy Meza
Valerie Ferguson

Chapter 7
Toinette Crocket
Moses Alvarado
Gloria Goreis
Tammy Goetz
Diane Frederiksen
Trina James
Brenda Kay
Lolita Seneal
Toni Charette
Karen Harkey
Rosa Mendez
Darrin Vara
Alexis Mccarthy
Jean Johnson
Fannie Bradford
Jimmy Newsome
Rovisul Gutierriz
Geo Padamada

Chapter 8
Charles Thompson
Jeannette Candalot

Chapter 9
Vincent Garcia
Douglas Hoover
John Marquez
David Hurhiri
Ralph Manzanares
Jocelyn Mitchell
Shirley Yuen
Cynthia Quezada-
Ayala
Marionette Joseph
Kumud Mistry
Linda Banks
Sherry Boyd
Marivic Marfori
Joyce Moore
Rosalma Trejo

Chapter 10
Grace Hayes
Scarlett Treviso
Karen Chestnut
Alejandro Uvalle
Tina Loayza
Lorraine O’hare
Marlene Springer
Sheila Reid
Mary Meraz
Carol Medina

Chapter 11
Olivia Briones
Rosalina Hinojosr
Kelly O’boylan

Chapter 12
Vanessa Hinton
Marina Montoya
Marsha Pizano

Chapter 13
Virginia Lopez
Robert Hetzel

Chapter 14
Joseph Coetzter
Thomas Watson
Shereen Baker
Carla Alves-Davidson
Gene Edinger
Jill Abbiati
Lisa Kennedy

Chapter 15
Mitzi Robinson
Kathleen Otermat
Kelly Cummings
Michael Coogan
Janice Nassaro
Luz Susa
Robert Collins
Anna Funk
Lucy Medina

Chapter 16
Renee Chervony
Morine Codner

Chapter 17
Angela Oh
Lori Mitchell
Sheila De Jesus
Sonya Mitchell
Yvette Cisneros
Luis Medina
Maxima Ambata
Darilou Tasara
Jennifer Lucy

Chapter 18
Carolyn Springer
Lesley Thompson
Ruben Macatangay
Louis Bautista
Eskouhi Kushnassian
Hector Mendez
Remedios Macatangay

Chapter 19
Michael Brstow
Carolyn Montgomery
Jenny Baker-Dunn
Terrence Elofson
Felino Deguzman
Catherine Boles
Deidre Morales
Idilila Ramos
Elizabeth Bides
Viola Bolden
Severo Holandez

Chapter 20
Irma Pagan
Rosie Brantley
Ramona Rodriguez
Mengwen Shan

Chapter 21
Michael Brstow
Carolyn Montgomery
Jenny Baker-Dunn
Terrence Elofson
Felino Deguzman
Catherine Boles
Deidre Morales
Idilila Ramos
Elizabeth Bides
Viola Bolden
Severo Holandez

Chapter 22
Ramiro Aguilar
Olga Desai
Melissa Ackerley
Rose Taperco
Janice Miles
James Corbett

Chapter 23
Marjorie
Español-Johnson

Answers from page 5

Answers
1. ginger
2. cinnamon
3. thyme
4. cloves
5. parsley
6. nutmeg
7. rosemary
8. basil
9. oregano
10. cumin
11. cardamom
12. allspice
13. turmeric
14. paprika
15. curry
16. marjoram
17. cayenne
18. tarragon
19. bay leaf
20. chili powder

Chapter 24
Orella Clark
Jodee Turner
Stephanie Witham
Maryanne Valenzuela-Gonzalez
Muriel Chenot
Joel Pfugrath
Cruz Suarez
Lorna Trembly

Chapter 25
Chapter 26

Chapter 27

Chapter 28

Chapter 29

Chapter 30

Chapter 31

Chapter 32

Chapter 33

Chapter 34

Chapter 35

Chapter 36


A call to your chapter president or a visit to your chapter’s next meeting is the best way to become acquainted with everything CSR has to offer. Check out page 9 for the phone and email information of your chapter president. Each chapter encourages new members to attend their meetings, where state retiree issues are discussed; a variety of speakers appear and lunch is served. At some chapters, new members receive complimentary lunches.

Don’t fret if you joined CSR but don’t see your name here. Processing at CalPERS, the State Controller’s Office and CSR can take a few months. Check again for your name within the next two months.

I Voted. Did You?

Your vote must be received by mail, telephone, or online by 11:59 p.m. PT on December 5, 2022, to be counted. Visit https://www.calperselections.com/
CHAPTER MEETING NOTICES

Please send an email to CSRInfo@CalRetirees.org by the 15th of the month with your meeting information you would like to have printed in the next issue of the CSR newspaper.

CHAPTER 1
ALAMEDA/CONTRA COSTA COUNTIES
President: Allan Lee, ALee@CalRetirees.org
Vice President: Nathan Johnson (510) 304-9270, nathan.johnson496@yahoo.com
Secretary: Russell Kilday-Hicks (415) 310-3832, rkildayhicks@gmail.com
Treasurer: Peter Greff petergreff09@gmail.com
Meeting: Thursday, Dec. 13, 12:00 noon
Where: The Old Spaghetti Factory, 55 Mt Diablo St, Concord
Program: Senior Safety presentation by the Concord Police Department for upcoming holiday season. Candidate forum for District C Director. 2023 Chapter budget.
Cost: Free to members and one guest. Reservations required: Please RSVP no later than Dec. 8 via email/call to President Allan Lee. ASL interpreter available on request. For more information: Please contact Allan Lee.

CHAPTER 2
SACRAMENTO/YOLO AREA
President: Phyllis Johnson (916) 841-7303, saylocylo@gmail.com
Vice President: Sophia Perkins, (916) 613-1813, Idgy0100@att.net
Treasurer: Kathleen Elwell (916) 804-6566, Secretary: Diane Welsh, (916) 682-7810, Hybrid Meeting
SECOND MONDAY! NOVEMBER 14, 2022 Choice of In Person or Zoom In Person Meeting: 10:30 a.m. to 11 a.m. Setup committee ONLY. General Member Access at 11 a.m. Where: IN Person at Sierra Center 2791 24th Street, Sacramento, From 9:30 a.m. to 11:00 a.m. REQUIRED FOR MEMBER AND GUESTS: Indicate any special meal needed – vegetarian, gluten free or vegan. Your own Zoom Location RESERVATIONS REQUIRED FOR MEMBERS AND GUESTS
On All Reservations Indicate First Name, Last Name, Member or Guest, In Person or Zoom. Contact Phyllis Johnson at above contact info. Special Meals are Vegetarian, Gluten Free or Vegan. For more information: Please contact Phyllis Johnson at above contact info.
Cutoff is Monday November 21, 2022 at 5:00 p.m. On all reservations indicate First Name, Last Name, Member or Guest and if needed the type of special meal to that persons name. Special Meals are Vegetarian, Gluten Free or Vegan. For more information: Please contact Phyllis Johnson at above contact info.

CHAPTER 3
WEST BAY AREA
President: Skip Charbonneau, (415) 648-4946, Vice President: Billie Feliciano, (415) 324-9058
Secretary: Lila Gey, (650) 992-2526; Treasurer: Erlinda Villa (415) 407-7905, aida.b.villa@gmail.com
Meeting: Wednesday Dec. 21, 11:30 a.m. to 2:00 p.m. Where: Basque Cultural Center, 599 Railroad Ave., South San Francisco
Program: Holiday meeting. Menu: Roasted NY Steak or Salmon with Champaign sauce. Cost: Free to members and one guest only. Reservations required: Please RSVP by Friday, Dec. 16 to Erlinda Villa For more information: Please contact Erlinda Villa.

CHAPTER 4
GREATER LOS ANGELES AREA
President: Marta Zaragoza, (310) 204-0484; Vice President: Cynthia Frison, (424) 227-6489; Secretary: Christina Griffin (323) 290-3655; Treasurer: Emma Johnson, (213) 258-8706
Thursday, December 15, 12:30 p.m. to 2:30 p.m. Where: Petrelli’s Steakhouse, 5615 Sepulveda Blvd., Culver City
Program: Holiday Program and voluntary Toy Drive
Reservations are required: to Marta Zaragoza by Dec 8.

CHAPTER 5
CENTRAL VALLEY FOOTHILLS
President: Patti McCaule (209) 602-7777; Vice President: Denise Simpson (209) 206-3817; Secretary: Korrin Koplen (209) 577-8376; Treasurer: Joaquina Canedo (209) 524-7219
Meeting: Monday, November 14, 11:00 a.m. to 2:00 p.m. Where: Masonic Center of Modesto, 800 Rose Ave, Modesto
Program: Holiday Meeting. CSR Updates, Food and Fun. Cost: Lunch is free to all members and their drivers and or guest. Reservations required: Please RSVP to any chapter officer listed above.

CHAPTER 6
SAN BERNARDINO/RIVERSIDE COUNTY
President: J. Dee Stoddard, (909) 862-1870; Vice President: Frank Ornelas, (909) 948-8758; Secretary: Yolanda Ornelas, (909) 948-8758
Treasurer: Erlinda Ochoa, (909) 824-4128, Will meet the second Thursday of every even months
Meeting: Thursday, Dec. 8, 11:00 a.m. Where: Spaghetti Factory, 1189 E. Foothill Blvd., Rancho Cucamonga
Program: Discussion and passing of 2023 Budget. Reservations are required: Please RSVP by Dec. 1 to Dee Stoddard or Frank Ornelas. Please leave a message if no answer.

CHAPTER 8
NORTH COAST AREA
President: Verónica Avila, (707) 487-0235; Secretary: Robin Dolan, (916) 991-7455, nibornalod@sbcglobal.net; Treasurer: Vacant; Meeting: Tuesday, Dec. 13, 7:00 a.m. to 3:00 p.m. Where: Apple Peddler, 308 US HWY 101, Crescent City
Program: Bring an unwrapped toy for Toys for Tots toy drive. Bring a new retiree as a guest to make you both eligible for a giveaway item. Cost: Free for CSR members. Reservations required: Please RSVP by Nov. 30 to Veronica Avila For more information: Please contact a chapter officer listed above.

CHAPTER 9
LOS ANGELES AREA
President: Donna Hernandez, (562) 405-1387, donnacooper@comcast.net; Vice President: Joseph Sahlih, (714) 865-9930, flysman52@aol.com; Secretary: Gloria Clancy, (562) 822-6656, gelancy@icloud.com; Treasurer: Maria Vazquez Bauer, (909) 519-8057 mavazbauer@gmail.com; Meeting: Tuesday, Nov. 15, 9:00 a.m. To 5:00 p.m. Where: Red Lion Hotel Eureka, Oak Ballroom, 19296 4th St., Eureka
Program: Bring an unwrapped toy for Toys for Tots toy drive. Bring a new retiree as a guest to make you both eligible for a giveaway item. Cost: Free for CSR members. Reservations required: Please RSVP by Nov. 30 to Veronica Avila For more information: Please contact a chapter officer listed above.

CHAPTER 11
MID VALLEY
President: Christy Christensen-Fountain, (559) 707-7067, CChristensenFountain@CalRetirees.org; Vice President: Jose Gutierrez, (559) 917-4577; Secretary: Claudine Edwards-McDoughall, (559) 696-2628; Treasurer: Gigi Sublilosky, (559) 269-5380; Meeting: Friday, Nov. 18, 11 a.m. Where: Coalinga Elks, 200 Cambridge Ave.
Program: OUTREACH MEETING! Cost: $15 each member and spouses; $18 each nonmember. Reservations helpful: Please RSVP by November 11 by calling or email Christy Christensen at the above contact info. We sure hope you will be able to attend. You will receive valuable information. Meet other retirees-being a friend! Meeting: Saturday, Dec. 10, 11 a.m. Where: Holy Trinity Armenian Apostolic Church Social Hall, 557 M Street, Fresno
Program: Update on Healthcare Benefits for 2023 and Pensions along with a delicious lunch. Door prizes and our historical raffle that provides money to non-profits. We are also collecting coats & socks donations. Cost: $15 each member and spouse; $18 each nonmember. Reservations required: Please RSVP by Dec. 1 to 55.707.7067 or 559.920.7277. Leave a message with your name and phone number and total number of people in your group.

CHAPTER 12
EASTERN MOUNTAIN AND HIGH DESERT AREAS
President: Linda Currie, (661) 273-6930, lecurrie197@craodrunner.net; Vice President: Stephanie Pryzbeski-Gilbert, (661) 537-3811, stef7022@hotmail.com; Secretary: Blanca Rodriguez, (909) 553-5625, blancred703@yahoo.com; Treasurer: Barbara Griffin, (661) 266-1130, bgrif7257@cs.com; Meeting: Wednesday, Dec. 14, 11:30 a.m. Where: Crazy Ottos, 1228 W Avenue I. Program: TBA Reservations required: Please RSVP by Nov. 30 to Barbara Griffin and Susan West at the contact information above

CHAPTER 13
NORTHERN CALIFORNIA/REDDING
President: Terry Coyle, (916) 869-2094, tlc95821@yahoo.com; Vice President: LaDora Cooper, (530) 949-2131, dol27@charter.net; Secretary: Audrey Sandeen, (530) 604-5289, theswede8243@gmail.com; Treasurer: Georganne Gibson (530) 524-6662, dbjepman10@hotmail.com Currently meeting the first Wednesday of every month
Meeting: Wednesday, Dec. 7, noon. Arrive at 11:30 a.m. if rdering a meal. Meeting starts at 12:00 p.m. Where: Country Waffle, 2300 Athens Ave., Redding. Program: Bring an unwrapped kids gift if you would like to participate in the Toys for Tots gift drive. Cost: Lunch is free to CSR members and associates. For more information: Please contact Audrey Sandeen Meeting: Thursday, Dec. 15, noon. Arrive at 11:30 a.m. if ordering a meal. Meeting starts at 12:00 p.m. Where: Jefferson Roadhouse, 1281 South Main St., Yreka. Program: TBD Cost: Lunch is free to CSR members and associates. For more information: Please contact Audrey Sandeen.

CHAPTER 14
NORTHERN CALIFORNIA/CHICO
President: Sandra Tall Marek, (530) 519-2897, KMayer@CalRetirees.org; Vice President: S.E. Riazi, (530) 519-2174, SERiazi@CalRetirees.org; Secretary/Treasurer: Diana King, (530) 310-3454, LadyDi31481@gmail.com. Suzanne-Ville will usually meet the first Tuesday of the Month
CHAPTER MEETING NOTICES

April through October
Meeting: Wednesday, Dec. 21, 11:30 a.m. Where: Logan’s Roadhouse, 1900 E 20th Street, Chico. Program: Chapter 14 Holiday Celebration. We will be accepting unwrapped Toys for Toys. Cost: Free to CSR members. Reservations: Not required. For more information: Call or text Kenneth Todd Mayer or S.E. Rizzi.

CHAPTER 15
SIERRA FOOTHILLS
President: Pamela Robison, (916) 786-1657, PRobison@CalRetirees.org; Vice President: Joann Stewart, (916) 412-2075, JStewart@CalRetirees.org. Treasurer: Lieutenant Coopwood, 916-206-2732, LtCoopwood@gmail.com. Meeting: Tuesday, Dec. 6, 11:15 a.m. Meeting starts at 12:00 p.m. Where: Whitney Oaks Golf Club, 2305 Clubhouse Dr., Rocklin. Program: Business/ Holiday Meeting/Winter Sock Donation. Cost: Free for Charter members and one guest. Reservations required: Please RSVP by Nov. 21 to Pam Robison.

CHAPTER 16
SAN JOAQUIN COUNTY
President: Sheila Ward-Shaw, (209) 915-1020, shellaws2@yahoo.com; Vice President: Susan Small, (209) 948-8389; Secretary: Georgia Pierce, (209) 405-0173. Treasurer: Juan Lehnhoff, (209) 334-1391. Meets four times annually in March, July, September and December Meeting: Friday, Dec. 16, Noon to 2 p.m. Where: Dave Wong’s Restaurant, 2828 W March Lane, Stockton. Cost: Free to members; $24 for non-member guests. Reservations required: RSVP by Dec. 01, 2022 to Georgia at the above number. For more information: Contact Georgia Pierce.

CHAPTER 17
GREATERSAN DIEGO
President: Arlene Ryan, (619) 203-3124, aryan.ar825@gmail.com; Vice President: Danny Morales, (619) 454-3603, dfwunion@gmail.com; Secretary/Treasurer: Diane Whorton, (619) 454-3603, dwunion@gmail.com. For more information: Please contact Arlene Ryan or Elaine Edwards.

CHAPTER 19
NORTH COAST AREA
President: Skip Hulet, (707) 279-4643; Vice President: Joan Hume, (707) 279-4811; Secretary: Reba Hawley, revjmjymy@aol.com; Treasurer: Pam O’Toole, (707) 278-0508. Will meet in February, April, June, August, October & December Meeting: Monday, Dec. 12, noon. Where: Stars Restaurant, 115 S Orchard Street, Ukiah. For more information: Call Skip Hulet at the number listed above.

CHAPTER 20
SAN FRANCISCO AND VALLEY AND LOS ANGELES AREA
President: M. Cora Okumura, (818) 350-7625, meokumura@yahoo.com; Vice President: Raymond Cole, (818) 986-9613, flipcole@yahoo.com; Treasurer: Gaylomn Mayo, (310) 897-7950, gaylomn28@gmail.com; Secretary: Norma Gallegos, (818) 667-2347, norma2085@gmail.com. 2022 meetings are scheduled for September 8, November 3, December Meeting: Thursday, Dec. 8, 2:00 - 5:00 p.m. Where: Caruso Italian Restaurant, 10152 Balboa Ave., Granada Hills. Program: Guest speaker, Theresa Taylor, President, Board of Administration, CALPERS. Toy Drive - Please bring unwrapped toy(s) to be distributed by the CHP. Please come in your Holiday attire. Cost: Free for members; all others pay $25. Reservations required: RSVP by Nov. 30. Call or text Norma Gallego or Cora Okumura. For more information: Contact Norma or Cora.

CHAPTER 21
SONOMA, MARIN, NAPA AND SOLANO COUNTIES
President: Lorna Wright, (707) 598-2000. SECRETARIES: Chapter 21, djaygrenzi@icloud.com; Vice President: Donald Lehnhoff, (707) 795-9405; Secretary: Eric Norrbom, (707) 322-1528; Treasurer: Vacant. Meets quarterly January, April, July and October Meeting: January 2023 meeting info in December paper. For more information: Please contact Lorna Wright.

CHAPTER 22
SAN JOSE AREA
President: Elvira Acedovo, (408) 590-7273, EAcvedo@calretirees.org; Vice President: Brad Geldert, (408) 655-4799, bgeldert@gmail.com; Secretary: Christine Jasper, (408) 373-1655, cjasper521@sbcsglobal.net; Treasurer: Larry Roberts, (510) 827-7938, iroberts956@yahoo.com. Meeting: Thursday, Dec. 8, 11 a.m. to 2:00 p.m. Where: Three Flames Restaurant, 1547 Meridian Ave, San Jose. Program: Holiday Luncheon and chapter meeting. Menu: Choice of one: Steak, Salmon, Chicken or Vegan options. Cost: Lunch is free for CSR members and up to 2 guests. Reservations Required: Please include member(s) name and names of guests with meal choice(s). RSVP deadline is Dec. 1. No exceptions. For reservations or for more information: Email or call Elvira Acedovo.

CHAPTER 23
Bakersfield/Kern County
President: Ophelia Rabañal, (661) 458-6588; Vice President: Henry Mendoya, (661) 725-8604; Secretary: Sue Kimbriel, (661) 333-0575, ckimbriel@bak.rz.org; Treasurer: Joe Salcido, (661) 477-2015, jsalcido@yahoo.com. PLEASE NOTE: All chapter meetings will be held on the third Thursday of EVERY Months – February, April, June, August, October, December Meeting: Thursday, Dec. 20, 11 a.m. Where: Hodel’s Country Dining, 5917 Knudsen Drive, Bakersfield. Program: Annual Holiday Luncheon and General Membership Meeting. Membership approval for 2023 Chapter Budget and upcoming 2023 Activities and Events. Music by: DJ BENZ – Fun – Food – Door Prizes & More. Cost: Members/ Associate pay $5. All other guest/ spouses pay for their own meals $15. Advance Reservations is Required: SEATING IS LIMITED. Deadline is December 10. For more information: Please call/text or email Ophelia TBD. Reservations required: Please RSVP with a voicemail to Jenny Hayden. For more information: Please contact Jenny Hayden.

CHAPTER 24
SO. CENTRAL VALLEY PORTERVILLE AREA
President: Lou Flores, (559) 362-0699; Vice President: Mary McCaig, (559) 359-6069; Secretary: Don Perkins (559) 630-0314; Treasurer: Larry Long, (559) 781-8761. Meeting: Thursday, Nov. 10, 11 a.m. to 1 p.m. Where: 386 N Main Street, Porterville. Reservations required: Please RSVP no later than Nov. 3. For more information: Contact Lou Flores at the number above.

CHAPTER 25
MONTEREY BAY AREA
President: Susanne Paradis, sparadis36@yahoo.com; Vice President: Vacant; Secretary: Susan Sisson (831) 578-1919; Treasurer: Vacant. All chapter meetings are held on the third Thursday of EVERY Months – February, April, June, August, October, December Meeting: Thursday, Dec. 15, 11:30 A.M. Where: Gino’s Restaurant, 1410 S Main Street, Salinas. Program: 2023 Budget. Menu: Buffet lunch provided. Cost: No cost to members +1 guest. Reservations required: Please RSVP by Dec. 12 to Susan Sisson by phone at the number above or by email to Susanne Paradis at the email above.

CHAPTER 26
ORANGE COUNTY—SANTA ANA
President: Jenny Hayden, (714) 743-8423, Jlhaydenn991@yahoo.com; Vice President: Joe Whaling, (714) 549-3300; Treasurer: Bill Serb III, (714) 826-6029. Usually meets on the second Wednesday of every month Meeting: Wednesday, Nov. 9, 11:00 a.m. to 1:30 p.m. Where: Emerald Room Santa Ana Elks Lodge, 1751 So. Lyon, Santa Ana. Program: TBA. Reservations required: Please RSVP with a voicemail or email Jenny Hayden at the information above. Meeting: Wednesday, Dec. 14, 11:00 a.m. to 1:30 p.m. Where: Emerald Room Santa Ana Elks Lodge, 1751 So. Lyon, Santa Ana. Program:
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CSR is the largest, most experienced organization exclusively representing state retirees!

**OUR MISSION**

To protect the pension and health benefits of all retired state employees

Take the next step! Join today at calretirees.org/joinus

**ADVOCACY:** For more than 92 years, California State Retirees have organized to protect their pensions and health benefits. At CSR, our top priority is protecting your benefits.

**43,000 MEMBERS STRONG AND GROWING:** CSR’s opinion matters to Legislators, the Governor, CalPERS and other agencies that can impact the pensions and health benefits of state retirees. There is strength in numbers!

**MINIMAL MONTHLY DUES:** CSR dues are minimal and the benefits are significant. Dues range from $1 to $12 per month, depending on your CalPERS monthly pension amount.

**MEMBER BENEFITS:** Keep your California State Employees Association Member Benefits into retirement - don’t lose them!

**CALPERS COVERAGE:** Not everyone can attend CalPERS Board and committee meetings. CSR staff and leadership attend the meetings and speak on behalf of all state retirees.

**MONTHLY NEWSPAPER:** The California State Retiree newspaper provides valuable information about our action on issues affecting your pension and benefits, with monthly columns about the Governor, Legislature and CalPERS.

**COMMUNITY:** CSR has 26 chapters throughout the state. Attend your chapter’s meetings for social events and to hear educational speakers. Stay informed!

Join CSR and become part of our strong retiree community!